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CALCUTTA INSTITUTE OF TECHNOLOGY

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Affiliated to MAKAUT (Formerly WBUT) & WBSCT&VE&SD

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Date: 17th June, 2026

NOTICE Observance of International Day of Yoga 2026

All students, faculty members, and staff are hereby informed that the International Day of Yoga will be observed on **21st June 2026** as per the guidelines of the Ministry of Ayush, Government of India, and the Government of West Bengal.

Yoga is a holistic practice that promotes physical fitness, mental well-being, self-discipline, and harmony. All members of the institute are encouraged to participate enthusiastically in the observance of this important day and contribute to the promotion of a healthy lifestyle.

Participants are requested to register individually through the Yoga Sangam Portal and take part in the Yoga Day activities.

Registration Portal: www.yoga.ayush.gov.in/yoga-sangam

All Heads of Departments are requested to disseminate this information among students and staff members and ensure maximum participation.

Let us come together to celebrate the spirit of yoga and embrace the theme of wellness and harmony.

Prof.(Dr.) Partha Pratim Bhattacharya
Principal
Calcutta Institute of Technology

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